



Lesson Plan

Ethical Fashion: The Power of Choice

Year level: High School (Years 9-12)

Duration: 50 minutes

Lesson Objectives:

By the end of this lesson, students will:

- Understand the human and environmental impact of the fashion industry
- Explore ethical responsibility and consumer power
- Reflect on the contrast between choice and lack of choice
- Identify practical steps for ethical fashion choices
- Consider how faith or personal values influence decision making

Materials Needed:

- *Ethical Fashion: The Power of Choice* Video
- Student Worksheet
- Internet to access the Baptist World Aid *Ethical Fashion Guide*
- Sticky notes or small paper slips
- Whiteboard or display screen

Teacher Notes:

- Be ready to support students who express discomfort or guilt; validate the complexity of ethical choices
- Encourage students to see this not as a burden but as an opportunity for agency
- Emphasise small, consistent steps

Lesson Structure:

- 1. Warm Up + Think — Feel — Care (8 minutes)**
 - In pairs discuss: What is one item of clothing you love and why? What story does it tell?
 - Students complete Section 1 of their worksheet
 - What do you think you know about where your clothes come from?
 - How do you feel about that?
 - What do you care about when it comes to fashion?
 - Is there a tension between what you care about and how you shop? Explain.
- 2. Video Viewing — Ethical Fashion: The Power of Choice (10 minutes)**
 - Students watch the featured video
- 3. Thinking Routine: See — Think — Wonder (8 minutes)**
 - Students complete Section 2 of their worksheet
 - What did you see or hear in the video that stood out to you?
 - What do you think about the differences between Hasina and Kat?
 - What do you wonder about ethical fashion now?

4. Explore the Ethical Fashion Guide (15 minutes)

- Individually or in pairs, students browse the Ethical Fashion Guide online
- Students to complete Section 3 of their worksheet
 - One brand they buy from (or recognize) and how it scored
 - What's one thing you learnt from the Ethical Fashion Guide that surprised or challenged you?
- Bring the class together to discuss as a group

5. Thinking Routine: I Used to Think... Now I think... (5 minutes)

- Students to complete Section 4 of worksheet:
 - I used to think...
 - Now I think...

6. Personal Commitment (4 minutes)

- Students to complete Section 5 of worksheet
 - One small choice I can make this week is...
- Students to also write on a sticky note or post on a class board